2010 Annual Report





2010HIGHLIGHTS

In January, we changed our name from Minnesota International Health Volunteers to WellShare International to better reflect the community-based health and outreach services we provide worldwide.

Here is just a sample of the ways we saved and improved lives, empowered communities through partnership and education, and provided a critical link between communities and the health care system in 2010:



Photo: Katie Amaya

Our Healthy Moms, Healthy Babies II DVD was filmed and released in 2010. It features local Somali actors and shares medically sound and culturally appropriate information on the sensitive subject of reproductive health. It has already been screened around the world—from Minnesota to Malta.

- We fought malaria in Uganda by partnering to distribute over 100,000 insecticide-treated nets and nearly quadrupled the number of babies and toddlers sleeping under nets at night in seven districts.
- We fought cholera in Tanzania by bringing an intensive hygiene and sanitation intervention to Karatu District. Over 1,000 new latrines were built in the eight project villages, hand washing increased from 52% to 90%, and household water purification increased from 48% to 93%.
- We engaged 53 of Minnesota's Somali youth to spread health messages to over 400 people in their community using creative arts. 100% of the Somali youth graduated from high school and went on to college or another post-secondary option.
- We reached over 100,000 people in Tanzania with education about healthy pregnancies and well-child care, family planning, and disease prevention.
- We visited Somali elders in their Twin Cities homes and provided them with education and resources to connect with Minnesota's health care system.
- We educated nearly 300 community caregivers in Uganda to provide HIV prevention education and resources to over 4,000 people and provided homebased health services to nearly 4,000 orphans and people living with HIV/AIDS in the Central Region.
- We reached over 1,000 Minnesota health service workers and Somali community members with culturally appropriate family planning information and resources.

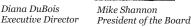
We look forward to continuing this great work. Please visit wellshare international.org to keep up with our programs, subscribe to our e-newsletter, and help us change lives.

 $Front\ cover\ photo: J.\ Moses\ Ceaser, Enlight\ Storyworks$

Young mothers in Tanzania gain health knowledge and income through Survive and Thrive Groups. Through monthly meetings, these women learn about prevention of diseases, sexual and reproductive health, family planning, and maternal and newborn care while gaining skills to own and operate microbusinesses.

From the President of the Board & Executive Director





2010 was a big year for WellShare International. We continued to provide high-quality, innovative solutions to

improve the wellbeing of families around the world—please read the highlights to the left to see the kind of difference we made in Uganda, Tanzania, and Minnesota.

Nuru's story is a wonderful example of the way our work truly changes lives. In November 2007, Nuru—a 46-year-old mother living in Mubende, Uganda—visited her district health center and received the heartbreaking news that she was HIV positive. Her health deteriorated until she was unable to work, walk, or care for herself. Lacking information about the steps she could take to manage her illness and live a full life, Nuru resigned herself to waiting for death.

That is, until Nampiima paid her a visit. Nampiima is a WellShare-trained community caregiver who provides home-based care and support services as part of the USAID-funded Partnering for Positive Livelihoods Program, implemented by WellShare and our local partner, Kassanda Cornerstone Foundation.

Nampiima's warm approach comforted Nuru while she learned the essentials of positive living: good hygiene, eating a balanced diet, and taking medicine regularly. Nuru hadn't known how to access the drugs she needed, so Nampiima connected her to septrin treatment and persistently followed up with Nuru to make sure she was taking the drugs. In Nuru's words: "In six weeks, life began to return. Today I walk and work normally. I am much happier. How did this happen? Someone out there reached out to me."

We at WellShare are proud of our over 30 years of life-saving work like this around the world, and we are looking forward to many more years of working within communities to develop and implement innovative solutions that reduce barriers to health. We thank you for your ongoing support of our work.

Warm regards,

Diana DuBois, MPH, MIA Executive Director

Diana DuBois

Michael Shannon, MD Board President

Michael (Framo no

Donors



Many thanks to these generous supporters of WellShare International's work from November 11, 2009 through December 31, 2010.

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Blue Cross and Blue Shield of
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Department of Health and Family Support Community Development Block Grant

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We have made every attempt to ensure the accuracy of this list. If you feel your name was included or omitted in error, please contact us at 612-871-3759.

Financial Summary

Statement of Activities	Unrestricted	Temporarily Restricted	2010 Total
Revenues			
Individual donations	\$49,422	_	\$49,422
Foundation grants	118,005	205,271	323,276
Corporate donations	12,928	_	12,928
Government agencies	2,273,845	_	2,273,845
Other income	57,136	_	57,136
In-kind contributions	504,421	_	504,421
Released from restrictions	355,758	(355,758)	
Total Revenue	\$3,371,515	\$(150,487)	\$3,221,028
Expenses			
Program services			
Domestic projects	\$570,936	_	\$570,936
International projects	2,268,853	_	2,268,853
Total Program Services	2,839,789	_	2,839,789
Supporting services			
Administration	414,480	_	414,480
Fundraising	38,193	_	38,193
Total supporting services	452,673	_	452,673
Total Expenses	\$3,292,462	_	\$3,292,462
Change in net assets	79,053	(150,487)	(71,434)
Beginning net assets	274,842	421,624	696,466
Ending net assets	\$353,895	\$271,137	\$625,032
Statement of Financial Position	on		
Assets			± 00
Current assets			\$551,884
Fixtures & equipment (net)			86,890
Other assets			62,500
Total Assets			\$701,274
Liabilities			
Current liabilities			\$74,663
Lease – long-term			1,579
Net Assets			_
Unrestricted			353,895
Temporarily restricted			271,137
Total Liabilities & Net Assets			\$701,274

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