

# 2010 Annual Report



**WellShare**<sup>®</sup>  
International<sup>™</sup>  
*Improving community health*



# 2010 HIGHLIGHTS

In January, we changed our name from Minnesota International Health Volunteers to WellShare International to better reflect the community-based health and outreach services we provide worldwide.

Here is just a sample of the ways we saved and improved lives, empowered communities through partnership and education, and provided a critical link between communities and the health care system in 2010:



Photo: Katie Amaya

*Our Healthy Moms, Healthy Babies II DVD was filmed and released in 2010. It features local Somali actors and shares medically sound and culturally appropriate information on the sensitive subject of reproductive health. It has already been screened around the world—from Minnesota to Malta.*

- We fought malaria in Uganda by partnering to distribute over 100,000 insecticide-treated nets and nearly quadrupled the number of babies and toddlers sleeping under nets at night in seven districts.
- We fought cholera in Tanzania by bringing an intensive hygiene and sanitation intervention to Karatu District. Over 1,000 new latrines were built in the eight project villages, hand washing increased from 52% to 90%, and household water purification increased from 48% to 93%.
- We engaged 53 of Minnesota's Somali youth to spread health messages to over 400 people in their community using creative arts. 100% of the Somali youth graduated from high school and went on to college or another post-secondary option.
- We reached over 100,000 people in Tanzania with education about healthy pregnancies and well-child care, family planning, and disease prevention.
- We visited Somali elders in their Twin Cities homes and provided them with education and resources to connect with Minnesota's health care system.
- We educated nearly 300 community caregivers in Uganda to provide HIV prevention education and resources to over 4,000 people and provided home-based health services to nearly 4,000 orphans and people living with HIV/AIDS in the Central Region.
- We reached over 1,000 Minnesota health service workers and Somali community members with culturally appropriate family planning information and resources.

We look forward to continuing this great work. Please visit [wellshareinternational.org](http://wellshareinternational.org) to keep up with our programs, subscribe to our e-newsletter, and help us change lives.

Front cover photo: J. Moses Ceaser, Enlight Storyworks

*Young mothers in Tanzania gain health knowledge and income through Survive and Thrive Groups. Through monthly meetings, these women learn about prevention of diseases, sexual and reproductive health, family planning, and maternal and newborn care while gaining skills to own and operate micro-businesses.*

# From the President of the Board & Executive Director



*Diana DuBois*  
Executive Director



*Mike Shannon*  
President of the Board

2010 was a big year for WellShare International. We continued to provide high-quality, innovative solutions to improve the wellbeing of families around the world—please read the highlights to the left to see the kind of difference we made in Uganda, Tanzania, and Minnesota.

Nuru's story is a wonderful example of the way our work truly changes lives. In November 2007, Nuru—a 46-year-old mother living in Mubende, Uganda—visited her district health center and received the heartbreaking news that she was HIV positive. Her health deteriorated until she was unable to work, walk, or care for herself. Lacking information about the steps she could take to manage her illness and live a full life, Nuru resigned herself to waiting for death.

That is, until Nampiiima paid her a visit. Nampiiima is a WellShare-trained community caregiver who provides home-based care and support services as part of the USAID-funded Partnering for Positive Livelihoods Program, implemented by WellShare and our local partner, Kassanda Cornerstone Foundation.

Nampiiima's warm approach comforted Nuru while she learned the essentials of positive living: good hygiene, eating a balanced diet, and taking medicine regularly. Nuru hadn't known how to access the drugs she needed, so Nampiiima connected her to septrin treatment and persistently followed up with Nuru to make sure she was taking the drugs. In Nuru's words: "In six weeks, life began to return. Today I walk and work normally. I am much happier. How did this happen? Someone out there reached out to me."

We at WellShare are proud of our over 30 years of life-saving work like this around the world, and we are looking forward to many more years of working within communities to develop and implement innovative solutions that reduce barriers to health. We thank you for your ongoing support of our work.

Warm regards,

A handwritten signature in black ink that reads "Diana DuBois".

Diana DuBois, MPH, MIA  
Executive Director

A handwritten signature in black ink that reads "Michael Shannon MD".

Michael Shannon, MD  
Board President

# Donors



Many thanks to these generous supporters of WellShare International's work from November 11, 2009 through December 31, 2010.

## FOUNDATION AND ORGANIZATIONAL SUPPORT

Aid for Africa  
Blue Cross and Blue Shield of Minnesota Foundation  
Bush Foundation  
Catholic Health Initiatives  
Central Minnesota Community Foundation  
City of Minneapolis—  
Department of Health and Family Support  
Community Development Block Grant  
Statewide Health Improvement Program  
ClearWay Minnesota  
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Ingenieria Sin Fronteras  
Just Health Network  
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Minnesota Department of Health Eliminating Health Disparities Initiative  
Family Planning Special Projects  
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SBC Pepsi Tanzania  
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Susan G. Komen Breast Cancer Foundation  
Ten Thousand Villages  
TIGO Telecommunications  
United States Agency for International Development (USAID)  
Child Survival and Health Grants Program  
Flexible Fund for Family Planning  
President's Emergency Plan for AIDS Relief: New Partners Initiative

President's Malaria Initiative:  
Malaria Communities Program  
University of Minnesota  
Medical School  
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Valley Community Presbyterian Church

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### IN-KIND

A to Z Textiles/Olyset Nets  
Africa Childcare Foundation  
Lisa Agate  
Katie Amaya  
Ayivu Youth Effort for  
Development  
Bougainvillea Safari Lodge  
Leiha Costa  
Diana DuBois & Doug Nethercut  
Laura Ehrlich  
Teresa Eklund  
Federation of Communities  
Infected and Affected with  
HIV/AIDS in Koboko  
Former Seminarians Initiative  
for Development  
Foundation for African Medicine  
and Education  
Barbara Gay  
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Happy Days Pub  
Leah Huff  
Clare Hurley  
John Hurley  
Iceberg Water  
Welcome Jerde  
Jubilee Tires  
Karatu Bakery  
Karatu Quality Garage  
Ronald Kavuma  
Koboko District Farmers  
Association  
Anthony Lapozn  
Malaria and Childhood Illness  
NGO Secretariat  
Malaria Consortium  
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Jolene Mullins

Jennifer Nantale  
Needy Kids—Uganda  
Nile Rural Advocacy Program for  
Community Empowerment &  
Development  
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Empowerment  
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Association

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*We have made every attempt to ensure the accuracy of this list. If you feel your name was included or omitted in error, please contact us at 612-871-3759.*

# Financial Summary



<b>Statement of Activities</b>	<b>Unrestricted</b>	<b>Temporarily Restricted</b>	<b>2010 Total</b>
<b>Revenues</b>			
Individual donations	\$49,422	—	\$49,422
Foundation grants	118,005	205,271	323,276
Corporate donations	12,928	—	12,928
Government agencies	2,273,845	—	2,273,845
Other income	57,136	—	57,136
In-kind contributions	504,421	—	504,421
Released from restrictions	355,758	(355,758)	—
<b>Total Revenue</b>	<b>\$3,371,515</b>	<b>\$(150,487)</b>	<b>\$3,221,028</b>
<b>Expenses</b>			
Program services			
Domestic projects	\$570,936	—	\$570,936
International projects	2,268,853	—	2,268,853
<i>Total Program Services</i>	<i>2,839,789</i>	<i>—</i>	<i>2,839,789</i>
Supporting services			
Administration	414,480	—	414,480
Fundraising	38,193	—	38,193
<i>Total supporting services</i>	<i>452,673</i>	<i>—</i>	<i>452,673</i>
<b>Total Expenses</b>	<b>\$3,292,462</b>	<b>—</b>	<b>\$3,292,462</b>
Change in net assets	79,053	(150,487)	(71,434)
Beginning net assets	274,842	421,624	696,466
<b>Ending net assets</b>	<b>\$353,895</b>	<b>\$271,137</b>	<b>\$625,032</b>
<b>Statement of Financial Position</b>			
<b>Assets</b>			
Current assets			\$551,884
Fixtures & equipment (net)			86,890
Other assets			62,500
<b>Total Assets</b>			<b>\$701,274</b>
<b>Liabilities</b>			
Current liabilities			\$74,663
Lease – long-term			1,579
<b>Net Assets</b>			
Unrestricted			353,895
Temporarily restricted			271,137
<b>Total Liabilities &amp; Net Assets</b>			<b>\$701,274</b>

All figures from 2010 independent audit

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