

When to Wear Gloves

The Centers for Disease Control and Prevention (CDC) recommends wearing gloves when cleaning or caring for someone who is sick.

When Cleaning



When cleaning and disinfecting your home.

Wash your hands after you have removed the gloves.

When Caring for Someone Who is Sick



Use disposable gloves when cleaning or disinfecting the area around the sick person.

Use disposable gloves when touching or having contact with blood, stool or other body fluids. Do not touch your face with gloves.



After using disposable gloves, throw them out in the trash can. Do not disinfect or reuse the gloves.



Wash your hands after you have removed the gloves.

If disposable gloves are not available, continue good hand washing techniques.

When are gloves not needed?



Wearing gloves while running errands is not necessary.

Keep 6ft between yourself and others, wash your hands or use hand sanitizer, and wear a face mask while running errands.

Wash your hands before and after running errands.

Maintain Protective Measures



Maintain social distance of 6ft from others.

Wash your hands often with water or use hand sanitizer.

Sources:

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/gloves.html>

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