Running Errands During COVID-19

Shopping for Food and Other Household Essentials

- Stay home if you are sick.
- Order online or use curbside pickup.
- Only visit the grocery store or other stores when absolutely necessary.
- Protect yourself while shopping – use face masks, disinfect the shopping cart.
- Use hand sanitizer after leaving the store.
- When you get home, wash your hands.

Accepting Deliveries and Takeout Orders

- Pay online or on the phone when ordering if possible.
- Deliveries should be left outside with no person-to-person interaction.
- Wash your hands or use hand sanitizer after accepting deliveries or getting the mail.

Banking

- Bank online when possible.
- Go to the ATM machine if one is available. Clean and disinfect the ATM keyboard before using it.
- Use hand sanitizer when you’re done and wash your hands when you get home.

Getting Gasoline

- Clean and disinfect the handles and buttons before getting gas if possible.
- Use hand sanitizer after you’re done and wash your hands when you get home.

Going to the doctor or pharmacy

- Talk to your doctor or nurse by phone or email if possible. Reschedule as needed.
- If you must go in person, use protective measures.
- Limit in person visits to the pharmacy. Order your prescriptions and use drive-thru windows or curbside services.

Sources:

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