

# Living in Close Quarters or Shared Housing During COVID-19

## Who should take care of the children?



Adults 65 years and older and people with serious medical conditions should avoid taking care of the children.

## What to do when a household member is sick?



Provide a separate bedroom and bathroom if possible.

Keep people at higher risk away from anyone who is sick.

Have only one caregiver for the person who is sick.

If you need to share a bedroom, try to maintain distance between two beds, and if this isn't possible then sleep head to toe.



If you need to share a bathroom, the frequently touched surfaces must be cleaned and disinfected.

The person who is sick should not help prepare food and should eat separately from the family.

## What to do in shared and common spaces?



Stay 6ft apart from one another.

People who are sick should self-isolate.

Wear cloth face coverings in any shared spaces, not including your room.

People who are sick, their roommates, and those who have higher risk of severe illness from COVID-19 should eat or be fed in their room, if possible.

Do not share dishes or eating utensils.



Sinks could be an infection source and you should avoid placing toothbrushes directly on counter surfaces. Totes can be used for personal items, so they do not touch the bathroom countertop.

Follow posted laundry directions

Wash your hands often or use hand sanitizer.

### Sources:

CDC - <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/living-in-close-quarters.html>

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