

Cleaning and Disinfecting Your Home

This is a guide on how to clean and disinfect households where a person, who is suspected of having or confirmed to have COVID-19, is staying.

Cleaning and Disinfecting Hard Surfaces

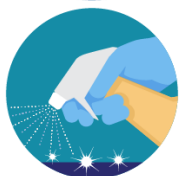


Wear disposable or reusable gloves dedicated for COVID-19 cleaning and disinfection

If surfaces are dirty, clean with a detergent or soapy water before disinfection.

Diluted household bleach solutions can be used for disinfection. Prepare a bleach solution by mixing:

- 5 tablespoons (1/3rd cup) bleach per gallon of water or
- 4 teaspoons bleach per quart of water



Cleaning and Disinfecting Soft Surfaces



Soft surfaces, such as carpeted floors, rugs, and draped should be cleaned with appropriate cleaning supplies.

After cleaning, wash the soft surface as instructed by the manufacturer. Use the appropriate water setting and dry completely.

Electronics

These include cell phones, tablets, touch screens, remote controls, and keyboard.



Use wipe-able covers for electronics if you can.

Follow cleaning instructions given by the manufacturer. If there are none, use alcohol-based wipes or sprays containing at least 70% alcohol to disinfect, and then dry thoroughly. Do not use Clorox disinfectants.

Laundry

Items for laundry include linens, clothing and other items.



Wear disposable gloves or reusable gloves dedicated for COVID-19 cleaning and disinfection. If you are not using gloves, be sure to wash your hands immediately after.

Do not shake the dirty laundry to avoid dispersing virus in the air.

Wash items using the warmest appropriate water setting and dry completely.

Clean and disinfect clothes hampers. Try using a disposable bag liner in the clothes hamper.

Trash



If possible, dedicate a lined trash can to the person who is sick.

Use gloves when handling and disposing trash. Wash your hands immediately afterwards.

Sources:

CDC - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Updated August 6, 2020