

## East African Smoke Free Program

The East African Smoke Free Program (EASFP) aims to reduce the harm caused by tobacco and secondhand smoke among Somali and East African children, youth, and adults through innovative community awareness and health education activities that change social norms around tobacco use.

To date, over **3,000** community members have been directly reached

More than **77,800** were indirectly impacted through outreach activities

In 2015 the program reached **2,377** individuals through **46** outreach activities

The Young Achiever's hosted an event including skits and poetry around tobacco use, which was seen by approximately **250** Somali and other East African youth

## Eliminating Health Disparities Initiative

The Eliminating Health Disparities Initiative (EHDI) is working with the Somali community to build the skills necessary to prevent diabetes, heart disease, and stroke. The EHDI program also hosts the Minnesota Community Health Worker (CHW) Peer Network, and provides continuing education opportunities for Minnesota's diverse CHWs.

A series of Chronic Disease Self-Management Workshops for elders in the Somali community was joined by over **30** participants

**100** farmer's market tours for individuals eligible for Electronic Benefits Transfer

Over **500** Community Health Workers and stakeholders reached by the Community Health Worker Peer Network

## Somali Healthy Youth Initiative:

The Young Achievers, WellShare's after-school program for East African youth, began in 2006 and serves about 100 students each semester. The program is attended by mostly middle and high school students, and activities are held at two locations in Minneapolis.

The Young Achievers Program served **135** youth in 2015

## WellShare International

122 West Franklin Avenue, Suite 510  
Minneapolis, Minnesota 55404-2480 USA  
612-871-3759  
info@wellshareinternational.org  
www.wellshareinternational.org



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## 2015 ANNUAL REPORT

*Advancing sustainable community health  
around the world*



Phil Bowen

### 2015 Financials

	12/31/15
Assets	\$385,597
Liabilities	\$111,939
Net Assets	\$273,658
INCOME	
Individual Donations	\$71,713
Foundation Grants	\$547,835
Governmental Agencies	\$462,693
Corporate Donations and Grants	\$325,259
Fee for Service	\$214,540
Donated Services and Supplies	\$67,211
Special Event Revenue	\$30,117
Other	\$4,196
Total Income	\$1,723,564
EXPENSES	
Domestic Programs	\$811,238
International Programs	\$453,614
Administration	\$309,026
Fundraising	\$67,973
Total Expenses	\$1,641,851

### 2015 Board of Directors

David W. Jones, MBA – *UnitedHealth Group*  
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## Reproductive Health: The Somali Child Spacing Program and the Karen Family Planning Program

The Somali Child Spacing Program and the Karen Family Planning Program provide culturally appropriate reproductive health education and resources to both the Somali and Karen communities, and to health care providers serving them. Grounded in a health benefits, client-centered approach, Somali and Karen CHWs assist Somali and Karen men and women to understand their reproductive health options, and how to access resources and care. Staff also work with providers to increase their cultural sensitivity, which improves their work with Somali and Karen patients.

Over **300** Somali men and women received reproductive health information and services through individual conversations and small group education sessions

Nearly **40** Karen men and women participated in Karen-language community classes

Over **600** health care professionals, educators, and other social service professionals were engaged in conferences, trainings and health fairs that WellShare staff participated in

## Uganda Child Spacing Program:

WellShare continued its long-term work in reproductive health and continued two USAID-funded projects in 2015. Through Advancing Partners & Communities (APC), and the Arua District Partnership for HIV/AIDS and Family Planning Integration Project, we worked to scale up access to contraceptives including intramuscular injectables in Uganda.

The project reached **3,522** clients through project-trained staff and village health team members, as well as more than

**19,041** people with family planning messages during group discussions and home visits.



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FROM THE AMERICAN PEOPLE



*Thank you to WellShare's funders and major donors for supporting the advancement of sustainable community health around the world!*

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