

MATTHEW BURGSTAHLER

VOLUNTEER PROFILE

August 12, 2016

EDUCATION/BACKGROUND

I am originally from the beautiful mountains of Sandpoint, Idaho. Currently, I am student at the College of Saint Benedict and Saint John's University in central MN where I am majoring in Integrative Health Science and minoring in Peace Studies. I will be a junior this Fall.

AREA OF WORK

My task was to develop a sustainable and comprehensive volunteer program: *Volunteers in Community Health*. I was also able to engage in many other areas of study and experience:

- World Refugee Day
- Somali American Festival Week
- *Matter of Balance* class evaluation research
- Cascade Training Model: Uganda research
- Iftar dinner celebration
- Funding research for a volunteer coordinator
- Interviews with other NGOs
- Interviews with CHWs
- Lunch conversations/interviews with the staff
- Financial, program manager, and International program meetings



LOCATION

WellShare International HQ
Minneapolis, MN

TIME FRAME: June 6th - August 12th, 2016

FUN FACT:

I am an avid cross-country and track and field athlete at Saint John's University

FAVORITE PART: The passion, work ethic, and commitment to a better, healthier, world exuded by my colleges was awe-inspiring. I also greatly enjoyed the diversity of tasks I was assigned to complete.

"Diversity fosters education. Speaking, listening, and engaging with other cultures and perspectives here at WellShare has broadened my view of the world. To the staff at WellShare and the community members in Ramsey and Hennepin County, I would like to say thank you"



WHY WELLSHARE?

Education and the universal right to healthcare are two of my passions in life (among others). I hope to one day work in the cross-roads of clinical and preventative healthcare both domestically and internationally. WellShare provided a platform for me to explore social justice as it relates to healthcare in underserved communities. I gained valuable insight into the challenging beauty of the non-profit health sector.