

East African Smoke Free Program

The East African Smoke Free Program (EASFP) works to reduce the harm caused by tobacco and secondhand smoke among Somali and East African children, youth, and adults through innovative community awareness and health education activities that change social norms around tobacco use.

6,000 residents at Riverside Plaza are now living in smoke-free housing

3 public service announcements about the harms of tobacco were created by youth

Almost **3,000** people were directly reached and **77,761** were indirectly reached through community outreach activities.

Eliminating Health Disparities Initiative

The Eliminating Health Disparities Initiative (EHDI) is working with the Somali community to build the skills necessary to prevent diabetes, heart disease, and stroke. The EHDI program also hosts the Minnesota Community Health Worker (CHW) Peer Network, and provides continuing education opportunities for Minnesota's diverse CHWs.

101 grocery store tours in the native language of participants

50 farmers market tours for individuals eligible for Electronic Benefits Transfer

12 culturally appropriate preventative health messages that reached 1,502 community members

Over **400** reached by the Community Health Worker Peer Network

Young Achievers

WellShare's community-based after-school program known as The Young Achievers started in 2006 and serves about 60 students each semester. The program is attended by mostly middle and high school students, and activities are held at two locations — Riverside Plaza and the Franklin Library.

100 youth reached through partnership with charter schools

100% high school graduation rate for the Young Achievers group

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2013 ANNUAL REPORT

*Advancing sustainable community health
around the world*



2013 Financials

	12/31/13	12/31/12
Assets	\$406,852	\$326,635
Liabilities	\$61,887	\$36,500
Net Assets	\$344,965	\$290,135
INCOME		
Individual Donations	\$29,460	\$28,872
Foundation Grants	\$333,191	\$168,424
Governmental Agencies	\$724,934	\$595,496
Donated Services and Supplies	\$116,763	\$26,161
Other	\$162,554	\$115,346
Total Income	\$1,366,902	\$934,299
EXPENSES		
Domestic Programs	\$741,038	\$518,194
International Programs	\$263,635	\$300,330
Administration	\$231,314	\$301,503
Fundraising	\$76,085	\$67,931
Total Expenses	\$1,312,072	\$1,187,958

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Reproductive Health: The Somali Child Spacing Program and the Karen Family Planning Program

The Somali Child Spacing Program and the Karen Family Planning Program provide culturally appropriate reproductive health education and resources to both the Somali and Karen communities, and to health care providers serving these communities. Grounded in a health benefits, client-centered approach, Somali and Karen Community Health Workers (CHWs) assist Somali and Karen men and women to understand their reproductive health options, and how to access resources and care. Staff also work with providers to increase their culture sensitivity, which improves their work with their Somali and Karen patients.

CHWs educated **29** men and **255** women in the Somali community about the benefits of child spacing, family planning methods, local clinics and resources, and partner communication approaches.

Staff from WellShare and the Karen Organization of Minnesota (KOM) partnered to develop and implement a holistic reproductive health curriculum in the Karen community.

Scaling-up Distribution of Depo in Uganda

The Scaling-up Community-based Distribution of Depot Medroxyprogesterone Acetate (Depo) in Uganda project, funded by USAID, worked to increase contraceptive options for women in rural communities of Sembabule District, Uganda. Objectives of this project include increasing access to family planning services, improving quality of family planning services in health centers and communities, and providing technical assistance to other community-based organization partners in Community Based Family Planning.

48 village health team members trained to distribute short-term family planning methods

13,548 total cumulative years of protection

Provided technical assistance to **4** organizations on community-based family planning



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Thank you to WellShare's funders and major donors for supporting the advancement of sustainable community health around the world!

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